

Equestrian Canada's Learn To Ride Program at Centaur

RIDER TESTING: LEVELS 1 - 4

The [Equine Canada Learn to Ride program](#) is a national program based on current standards of riding and the [Canadian Long -Term Equestrian Development](#) model. This Learn to Ride program includes levels 1 - 4. The purpose of the program is to produce well-rounded horsemen and women, who are able to care for and ride their horses in a correct, safe manner. It is also a stepping stone for anyone wanting to become an Equestrian Instructor or Coach. This program is based on the following manuals that outline the basic horse and stable management knowledge as well as expected riding skills for each level of certification:

- Equestrian Canada English Rider Handbooks (RL1 & 2), (RL 3 to 5), (RL 6 to 8)
- Stable Management in Canada book

Rider Levels are standard across Canada, so once certified a rider can hold their accreditation across the country.

The Learn To Ride preparation is done through

- i. the regular weekly or bi-weekly lesson program, and
- ii. the Stable Management portion is done through a series of Saturday afternoon classes from February to April. Exams will be held in June.
- iii. HFY students only: have the option of being examined for RL1 as part of their class, but do need to sign up to show intent. As well, HFY Students are welcome, and encouraged, to join the Stable management extra preparation classes

What do you need?

- Notepad • Pencil • Highlighter • [2020 Ontario Equestrian Membership](#) • [Equestrian Canada Learn to Ride Manual - either Rider Level 1 and 2, or Rider Levels 3 to 5](#) • [Stable Management Book](#)

General Information

1. There will be no makeup sessions offered for missed Stable Management classes. We will make sure that students will receive all handouts.
2. It may take some students longer than a year to reach a level. The higher the level the more time is needed to consolidate skills.
3. Rider Exams at CRS will be held in June 2020. See [Events section on CRS website](#) for dates
4. All students that are successful with their evaluation will receive a Certificate in the mail from Ontario Equestrian.

When are the Stable Management Prep classes offered?

Dates: Saturdays February 1, 15, 22, 29, March 7, 28, April 4, 18

Times - 12:00 – 1:00 RL 3 & 4 Prep Class
 1:00 – 2:00 RL 1 & 2 Prep Class

Cost: \$20 per class or \$30 if you join both classes.
(plus HST) ***Discounted:*** \$130 for either session RL1/2 or RL3, 4 \$165 for all 16 classes

Equestrian Canada's Learn To Ride Program at Centaur

Rider 1 Requirements

Stable Management:

• Parts of the Horse • Parts of the Saddle • Grooming & Tools • Safety Rules • Tacking Up • Natural & Artificial Aids • Rider Fitness • Colors of Horses • Cleaning & Care of Tack • Arena Letters

Practical Horse Knowledge: Approach a horse, put on a halter & lead • Feed treats • Figure 8 a bridle

The following will be covered as part of the regular riding lessons:

• Mount/Dismount • Adjust Tack • Position at Walk/Trot • Transitions • Posting Diagonals • Simple Figures

Rider 2 Requirements

Stable Management:

• Horse Coat • Bedding • Rein Aids • Exercises on Horseback • The Hoof • Care of Tack • Parts of the Bridle • Leg and Face Markings • Parts of the Saddle •

Practical Horse Knowledge: Face and Body Markings • Use of Grooming Brushes • Quick Release Knot • Tacking Up

The following will be covered as part of the regular riding lessons:

• Mount/Dismount • Adjust Tack • Position at Walk/Trot • No Stirrups Walk/Trot • Posting Diagonals • Transitions • Canter • Halt • Jumping Position • Pole Course • Simple Figures

Rider 3 Requirements

Stable Management:

• Stable Flooring & Sizing • Stable Vices • Thrush • Farrier • Horse/Human Balance • Watering • Measurements of the Horse • Grooming • The Horses Jump • Arena Safety •

Practical Horse Knowledge: Take apart a bridle Blanketing • Hay Nets

The following will be covered as part of the regular riding lessons:

Mount/Dismount • Identify Tack • Position at Walk/Trot/Canter • Balance & Independent Seat • Figures & Movements • Canter Leads • Progressive Transitions • Accuracy in Flat Test • Position through a Crossrail Gymnastic • Mane Release • Trot a Crossrail Course

Rider 4 Requirements

Stable Management:

• Bandaging • Shoeing • Colic • Disunited Canter • Horse Health • Vaccines • Rules of Feeding • Classical Training Pyramid

Practical Horse Knowledge: Measuring a Horse • Apply a Stable Bandage • TPR • Restraining a Horse •

The following will be covered as part of the regular riding lessons:

Mount/Dismount • Jog a Horse • Position Walk/Trot/Canter • Full Seat • Trot without Stirrups • Correct 15m Circle • Correct 20m Circle • Correct Independent Aids • Accuracy with Flat Test • Short/Medium/Long Release • Canter a Single Jump at 2'0" • Gymnastics • Ride a Related Distance

How To Register?

- i) Email: indicate classes you wish to attend and send an etransfer
- ii) Sign-up in tackroom on provided sheet. Leave a cheque, cash or send an etransfer