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# The Centaur Circular

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*FEBRUARY 2003*

## CENTAUR CALENDAR

|                          |  |
|--------------------------|--|
| Wednesday, February 5    | Registration Due Date for Spring Session |
| Saturday, February 22    | How To Ride in a Show- Part 1            |
| Sunday, February 23 (pm) | SnowFlake #2                             |
| Saturday, March 1        | Spring Session begins                    |
| March 10-13              | March Break DayCamp                      |
| Friday, March 14         | E-C Rider Level 1 Exam                   |
| March- May               | Homeopathy for Humans & Horses           |
| Date TBA                 | Anatomy Clinic                           |
| Sunday, March 23 (pm)    | SnowFlake #3                             |
| Saturday, April 19       | Quiet Day (no lessons)                   |
| Saturday, April 19       | How To Ride in a Show- Part 2            |
| Sunday, April 20         | Quiet Day (no lessons)                   |
| Monday, April 21         | E-C Rider Level 2 Exam                   |
| Sunday, April 27 (pm)    | SnowFlake #4 & TGIF #1                   |
| Tuesday, April 29        | Quiet Day (no lessons)                   |
| Friday, May 16           | Quiet Day (no lessons)                   |
| Friday, May 16           | TGIF #2                                  |
| Monday, May 19           | Quiet Day (no lessons)                   |
| Wednesday, May 21        | Quiet Day (no lessons)                   |
| Thursday, May 29         | Quiet Day (no lessons)                   |
| Saturday, May 31         | Quiet Day (no lessons)                   |
| Saturday, May 31         | Trillium Spring Dressage Show            |
| Sunday, June 1           | Quiet Day (no lessons)                   |
| Sunday, June 1           | National Dressage Show                   |
| Friday, June 20          | TGIF #3                                  |
| Sunday, July 6           | Quiet Day (no lessons)                   |
| Sunday, July 6           | Trillium Summer Dressage & TGIF #4       |
| Friday, August 15        | Quiet Day (no lessons)                   |
| Friday, August 15        | TGIF #5                                  |
| Friday, September 12     | TGIF #6                                  |
| Sunday, October 19       | TGIF #7                                  |

## RIDER LEVEL EXAMS

Equine-Canada Rider Level 1 and 2 Exams are planned. A minimum number of students are necessary to hold either. If you are interested, please read the posted sheet in the TackRoom carefully noting dates, times, minimum number of students and costs involved.

## SESSIONS

Sessions are, effective with the Spring 2003 Session, all 12 weeks in duration. Since some 3-month periods alternate between 12, 13 and 14 weeks, we will be announcing ahead of time which days will be taken as "quiet days" with no lessons. This will allow us to open some days for horse shows, clinics, Rider Level testing, stat holidays, etc. This also makes it easier for even billing. As a result of this there have been minor "tweaks" in the price list.

For the Spring Session, the "Quiet Days" are: Sunday April 20 (Easter), Monday May 19 (Victoria Day), Tuesday April 29, Wednesday May 21, Thursday May 29, Friday May 16 (TGIF #2), Saturday April 19 (Theory Class & Easter) and Saturday May 31 (Trillium Dressage Show).

## HORSEMANSHIP COURSES FOR YOUTHS AND CHILDREN (10 YEARS & UNDER)

Starting with the Spring Session we will be running a pilot program for beginner children ages 10 and under. On Saturday mornings we will be conducting a "mini-camp". During this time period the students will be learning and practicing basic horsemanship skills in the stable and in the riding arena. Vaulting (gymnastics on horseback) and horse games will also be part of the program.

**HORSEMANSHIP FOR YOUTHS** (Ages 8 to 10 years) Saturdays from 8:00 to 10:30. A maximum of 12 students in this age group will be accepted each riding session. There will be two instructors plus volunteer helpers assigned to this course. Children in this age group will be graduated into group lessons after they have completed certain levels in this course. This course is offered for the first time at the introductory rate of \$385 (\$137/monthly payment plan). In following sessions, the course will be \$450 (\$159/ monthly payment plan). [Prices include GST.]

**HORSEMANSHIP FOR CHILDREN** (Ages 6 and 7) Saturdays from 11:00 to 12:00. A maximum of 10 students in this age group will be accepted each riding session. There will be two instructors plus volunteer helpers assigned to this course. Children in this age group will be graduated into the Horsemanship for Youths program after they have completed certain levels in this course. This course is offered for \$385 (\$137/monthly payment plan). [Prices include GST.]

### SHORT NOTES

A yearly calendar is now posted in the TackRoom to help everyone keep track of all Centaur activities. There are still some 2003 Centaur Calendars available for sale. We need to sell a few more to break even, (otherwise no more Calendars in following years!) A new driveway has been put in. We encourage you to use it as it is now open for use. (Later on we will be closing the house driveway for public use.) Theory on Conformation is put on hold temporarily. The date we had originally chosen coincides with the Equine-Canada conference right here in Ottawa. Alternate plans are in the works, stay tuned!

### MARCH BREAK DAYCAMP

Kim Stouffer will be teaching a 4-day March Break DayCamp from Monday March 10 to Thursday March 11. Cost is \$210 for the 4 days, and a tax receipt can be given to parents of children under 14 years.

### THEORY 2003 - HOW TO RIDE IN A HORSE SHOW

**Part 1 - Theoretical - Saturday February 22.** This class is aimed for the new rider, aspiring to venture into the world of competition. Topics ranging from how to enter, explanations of the different types of classes, what to wear, costs and time involved, memberships involved. This class will be taught by Alison Overtveld, from 4:00 to 5:30. Parents of juniors need to attend.

**Part 2 - Practical - April 19.** 1:00 to 4:00. This class will be a hands-on session to show you how to do a complete turn-out of your horse for an exam or horse show. You will learn how to wash your horse, braid, trim, how to get your tack ready, and you'll get to practice it. This clinic is a must for those wishing to compete for the first time, or who want to do their Rider Level Exam. (Scheduled 2 days prior RL2 Exam and one week prior TGIF #1). Kim Stouffer will be teaching this class. (Kimmi competes on the National circuit, hence has lots of experience.)

Parents are strongly encouraged (hence the pricing) to attend clinic.

Price is :

|             |  |
|-------------|--|
| Parts 1 & 2 | \$25 per person, or<br>\$20 per family - max. 3 (parent(s) and child(ren)<br>or min.2 (1 parent+1 child) |
| Part 1 only | \$10 per person  |
| Part 2 only | \$20 per person  |

### NOTES FROM MIKE

**HORSEMANSHIP** Try to understand and read your horse's body language and emotions. They are living, breathing creatures who try so hard to please us but must be understood. Be gentle, quiet, patient with them. Your relationship with your horse begins when you groom and you will quickly see the benefits in your lesson when you arrive in the arena with a confident, relaxed horse. Riding is a social activity, but for you and your horse's benefit, socializing should remain strictly with the horse during your grooming/tack up time. Let the horse know what you want, gently pick up the feet the joints only bend so far. Let your

horse know when you are pleased with a pat or an enthusiastic praise. This will go further than any amount of treats. Obedience begins during this initial contact. If you cannot manage obedience from the ground, you will manage it even less from the saddle. Be confident, a horse can sense fear and will respond to it. Please feel free to socialize with your human friends all you want in the Tack Room and Lounge, but keep the stable area quiet, out of respect for the horses who live there. They most certainly deserve it.

**HORSE HEALTH & WELL-BEING-** People are the biggest carriers of disease. When people travel from barn to barn, they can carry illnesses back and forth. **Solutions:** 1) From barn-to-barn: wear different outfits, wash your hands, don't touch if at all possible. Everyone will appreciate your efforts. 2) Within the same barn: refrain from going from horse to horse, patting them from nose to nose.

### *LESSON REGISTRATION AND PRICE LIST*

| LESSONS WITH ALL COACHES         | 12-week Session<br>(full payment plan) | 12-week Session<br>(monthly payment plan) | Single Lesson |
|----------------------------------|--|---|---------------|
| GROUP 10 or Troup Drill - 1 hour | \$275                                  | \$96 / month                              | \$25          |
| GROUP 6 - 1 hour                 | \$355                                  | \$124/ month                              | \$31          |
| GROUP 4 - 1 hour                 | \$415                                  | \$144 / month                             | \$36          |
| BOARDERS - GROUP 10/ Troup Drill | \$225                                  | \$80 / month                              | \$22          |
| BOARDERS - GROUP 6               | \$305                                  | \$108 / month                             | \$28          |
| BOARDERS GROUP 4                 | \$345                                  | \$120 / month                             | \$30          |
| ASSESSMENT (30 minutes)          |  |   | \$25          |

| LESSONS with STAFF INSTRUCTORS | 12 Week Session<br>(full pmt) | 12 Week Session<br>monthly pmts | Single Lesson |
|--------------------------------|-------------------------------|---------------------------------|---------------|
| Class/ 3 (1 hour)              | \$500                         | \$168/mnth                      | \$43          |
| Class /2 (45 min.)             | \$560                         | \$188/mnth                      | \$48          |
| Private (45 min.)              | \$650                         | \$220/mnth                      | \$55          |
| Private (30 min.)              | \$410                         | \$139/mnth                      | \$35          |
| Boarder Class /3               | \$390                         | \$132/mnth                      | \$34          |
| Boarder Class/2                | \$435                         | \$148/mnth                      | \$38          |
| Brdr Priv.-45 min.             | \$520                         | \$176/mnth                      | \$45          |
| Brdr Priv. -30 min.            | \$350                         | \$120/mnth                      | \$30          |

| LESSONS with Shirley Guertin-Cook | 12 Week Session<br>(full pmt) | 12 Week Session<br>monthly pmts | Single Lesson |
|-----------------------------------|-------------------------------|---------------------------------|---------------|
| Class/ 3 (1 hour)                 | \$535                         | \$180/mnth                      | \$46          |
| Class /2 (45 min.)                | \$615                         | \$208/mnth                      | \$54          |
| Private (45 min.)                 | \$710                         | \$240/mnth                      | \$65          |
| Private (30 min.)                 | \$475                         | \$160/mnth                      | \$42          |
| Boarder Class /3                  | \$410                         | \$139/mnth                      | \$35          |
| Boarder Class/2                   | \$500                         | \$168/mnth                      | \$43          |
| Brdr Priv.-45 min.                | \$605                         | \$205/mnth                      | \$52          |
| Brdr Priv.-30 min.                | \$415                         | \$144/mnth                      | \$36          |

|                                     |                    |  |
|-------------------------------------|--------------------|--|
| Horsemanship for Children 6 & 7 yrs | Sat. 11:00 - 12:00 | \$385 for 12 week course<br>(\$137/monthly payment plan)   |
| Horsemanship for Youths 8 - 10 yrs  | Sat. 8:00 - 10:30  | \$450 (\$385 for pilot) (\$159/mnth (\$137/mnth for pilot) |

#### **PRICES INCLUDE G. S. T.**

LESSONS are taught in 3-month sessions, 12 weeks per session.

|                       |                               |                         |
|-----------------------|-------------------------------|-------------------------|
| <b>SPRING SESSION</b> | (March, April, May)           | DUE DATE -by February 5 |
| <b>SUMMER SESSION</b> | (June, July, August)          | DUE DATE -by May 5      |
| <b>FALL SESSION</b>   | (Sept., October, November)    | DUE DATE -by August 5   |
| <b>WINTER SESSION</b> | (December, January, February) | DUE DATE -by November 5 |

REGISTRATIONS are accepted one of three ways:

|    |              |           |   |  |
|----|--------------|-----------|---|--|
| A) | One cheque   |           | BY DUE DATE                               | \$Full amount less \$10 early payment discount |
| B) | Two cheques  | Cheque #1 | BY DUE DATE                               | \$75 booking fee                               |
|    |              | Cheque #2 | By first of the month of start of session | \$Full amount less booking fee                 |
| C) | Four cheques | Cheque #1 | BY DUE DATE                               | \$75 booking fee                               |
|    |              | Cheque #2 | 1 <sup>st</sup> of Session Month 1        | \$Monthly amount                               |
|    |              | Cheque #3 | 1 <sup>st</sup> of Session Month 2        | \$Monthly amount                               |
|    |              | Cheque #4 | 1 <sup>st</sup> of Session Month 3        | \$Monthly amount less booking fee              |

All cheques must be presented at time of booking, or an **administration fees of \$5 per invoice will result.**

**MAKE CHEQUES PAYABLE** to Shirley Guertin-Cook. Leave payment with application form at stable, or mail to Centaur.

**REGULAR STUDENTS** are assured a lesson time if registered by due date. After this date, space may be given to new students.

**NEW SESSION SCHEDULE** will be posted prior start of session on the bulletin board and website. **NEW STUDENTS:** Registrations are accepted on a first come basis after due date. Plan on booking an Assessment lesson prior start of session. **BEGINNERS** will be taught in \_ hour private lessons. **WEEK-END RIDERS:** at times, lessons will be re-scheduled due to horse shows and clinics.

**DISCOUNTS:** - \$10 discount off the session price if fully paid by the due date.

- 10% discount on session prices available on group-type lessons if a family, or individual, takes 3 or more lessons per week per session. (No discounts for privates.) Full payment must be by due date, as noted above.
- Extra lessons for \$15 available to regular students who sign up in open spaces on Make-up sheet in tack room
- 10% discount on all lessons available to students who are working 8.5 hours or more per week at Centaur

**CANCELLATIONS:** Make-up lessons are available if lesson was cancelled with 48 hours notice. Full details available upon request.

**SINGLE LESSON CANCELLATION:** Riders are billed for lessons cancelled with less than 48-hrs. **LATE PAYMENT & REFUNDS:** Lessons paid late receive no discounts and are charged at single lesson rate plus \$5.00/invoice late fee. Accounts over 30 days are subject to 2% interest. NSF cheques are charged \$20. **REFUNDS,** less booking fee, in the form of a credit note, are made up to one week prior start of session. No refunds after this date.